How Do I Learn Best?

Choose the answer which best explains your preference and check the box next to it. **Please check more than one** if a single answer does not match your perception. Leave blank any question that does not apply.

1. You are helping someone who wants to go to your airport, town center or railway station. You would:
   - [ ] go with her.
   - [ ] write down the directions.
   - [ ] tell her the directions.
   - [ ] draw, or give her a map.

2. You are about to purchase a digital camera or mobile phone. Other than price, what would most influence your decision?
   - [ ] Trying shooting with it or testing it
   - [ ] Reading the details about its features on website.
   - [ ] The salesperson telling me about its features.
   - [ ] It is a modern design and looks slick, along with other details.

3. You have to make an important speech at a conference or special occasion. You would:
   - [ ] gather many examples and stories to make the talk real and practical.
   - [ ] Include many diagrams or get graphs and data to help explain things.
   - [ ] write a few key words and practice saying your speech over and over.
   - [ ] write out your whole speech and learn from reading it over several times.

4. I like websites that have:
   - [ ] interesting written descriptions, lists and explanations.
   - [ ] things I can click on, shift or try.
   - [ ] audio channels where I can hear music, radio programs or interviews.
   - [ ] interesting design and pictures and videos.

5. Other than price, what would most influence your decision to buy a new non-fiction book?
   - [ ] A friend talks about it and recommends it.
   - [ ] It has real-life stories, experiences and examples.
   - [ ] The way it looks, the pictures and colors on the pages inside.
   - [ ] Quickly reading parts of it.

6. You are going to cook something as a special treat for your family. You would:
   - [ ] look through the cookbook for ideas from the pictures of various dishes.
   - [ ] ask friends for suggestions.
   - [ ] cook something you know already without the need for detailed instructions.
   - [ ] use a cookbook where you know there is a good recipe.

7. You have a problem with your heart (sorry). You would prefer that the doctor:
   - [ ] gave you something to read (pamphlet, handout etc) to explain what was wrong.
   - [ ] used a plastic model to show what was wrong.
   - [ ] described what was wrong.
   - [ ] showed you a diagram/ poster on the wall, of what was wrong.
8. You want to learn a new program, skill or game on a computer. You would:
- follow the flowcharts/diagrams in the book that came with it.
- talk with people who know about the program.
- use the controls or keyboard and work out the patterns.
- read the written instructions that came with the program.

9. You are planning a holiday for a group. You want some feedback from them about the plan. You would:
- use a map or website to show them the places.
- describe some of the highlights.
- give them a copy of the printed itinerary with site-details/blurbs.
- phone, text or email them.

10. Do you prefer a teacher or a presenter who uses:
- questions and answers, talk, group discussion, or guest speakers.
- handouts, books, or readings.
- demonstrations, models or practical/lab sessions.
- diagrams, charts or graphs, animations.

11. Remember a time when you learned how to do something new. Try to avoid choosing a physical skill, eg. riding a bike. You learned best by:
- listening to somebody explaining it and asking questions.
- watching a demonstration and trying along with the demonstrator.
- written instructions – e.g. a manual or textbook.
- diagrams and charts showing the steps of process - visual clues.

12. A group of your tourist friends wants to learn about the parks or wildlife reserves in your area. You would:
- Direct them to a park or wildlife reserve/ or go with them if you have time.
- show them internet pictures, photographs or picture books.
- give them a book or pamphlets about the parks or wildlife reserves.
- talk about, or arrange a talk for them about parks or wildlife reserves with people who have been there.

13. You want to learn how to take photos with your new digital camera. You'll
- take some pictures (good or poor), and see what settings were used to shoot them.
- clear written instructions with lists and bullet points about what to do on the manual.
- a chance to ask questions and talk about the camera and its features (e.g. customer support)
- diagrams showing the camera and what each shoot-setting does (eg. Twilight, afternoon, night settings)

14. You are going to choose food at a restaurant or cafe. You would:
- choose something that you have had there before.
- choose from the descriptions in the menu.
- listen to the waiter or ask friends to recommend choices.
- look at what your friend is eating or look at pictures of some dishes.

**ANSWER KEY**